

Important Parent Information from the School Nurse

Leipzig
International
Kindergarten

LEIPZIG INTERNATIONAL SCHOOL



*Please keep this for future reference

Dear parents,

As the school nurse at Leipzig International School and Kindergarten, I am here to help care for your children, and promote a safe and healthy environment. Please take a minute to read this important information about my work.

I will work with parents, staff members, and healthcare providers to develop and implement healthcare plans for children with health conditions. This is important so all children are able to reach their full potential in a safe environment.



If your child has diabetes, asthma, severe allergies, seizure disorder, or other health conditions please notify me.

As the health coordinator, it is my responsibility to notify parents and staff members about communicable diseases in the school/kindergarten, as soon as they are identified. These would include, but are not limited to: Chicken pox, Fifth disease/slapped face, Scarlet fever, Meningitis, Rubella, Pink eye, Influenza, and Head lice. This information will be disseminated via bulletin boards, information sheets and e-mails. **Please inform us immediately if your child has a contagious disease**, so we can take the necessary steps.

Sick Children

Please do not send your child to school/kindergarten if he/she has any of the following symptoms:

- **Fever - Temperature of 100°F / 38°C or higher**
- **Vomiting, sickness or strong stomach ache**
- **Diarrhoea**
- **Acute cold, sore throat, or strong cough**
- **Thick mucus in nose/eyes or inflamed eyes**
- **Suspicion of head lice if not treated**
- **Suspicion of contagious infection (chicken pox, scarlet fever, fifth disease etc.)**

It is often difficult to make a decision about whether or not your child is sick enough to stay at home. Many illnesses are easily spread, both in Kindergarten and in the family. Keep in mind that hand washing is the single most important thing that you can do and teach your child to do, to help prevent the spread of infections. In addition, it is also helpful to teach children to cough and sneeze into the elbow to help minimize the spread of germs to other surfaces. Since the elbow is less likely than your hands to come into contact with other objects, fewer areas become contaminated.



In assessing whether or not your child is well enough to be in school/kindergarten, please ask yourself if s/he is well enough to attend PE and play outside, as they will be expected to take part in these activities. Please understand that it will not be possible to make special arrangements for children to be withdrawn from activities or to be supervised in the classroom during playtime. Children must be fever free without the use of medications for 24 hours before returning to school/kindergarten, and after having vomiting and/or diarrhoea must be kept at home until 48 hours after the symptoms have cleared.

While we regret any inconvenience that this may cause, keeping sick children at home means fewer lost work days/school days, for parents, teachers, and children and less illness for everyone.

In the case of serious childhood disease or highly contagious disease, please bring a certificate of harmlessness from your attending physician before returning to school/kindergarten. Thank you for your cooperation.

First Aid

Most injuries at school/kindergarten are minor and require little attention. However, in the event of an emergency situation we will take the necessary emergency measures and contact you by telephone. Please inform the reception promptly about any changes to your emergency contact information.

If you take your child to the hospital or to a physician because of an injury that happened at school/kindergarten, you should let us know as soon as possible, so that we can complete the accident report. Thank you.

Medication

Medication is generally the responsibility of the parents and should be given at home if possible, but if your child has to take medication during the day with us, you must bring the medication in the original packaging with a clear dosage note to the reception desk. A medication authorization form must be completed, giving clear instructions for administration. Shots or injections will only be administered in case of a life-threatening situation (i.e.: allergic reactions or insulin dependent diabetics). If your child needs an asthma inhaler, bring it in with the appropriate dosage note from the doctor. Please never share medication with others.

Open Door Policy

I am here to help support children, staff, and parents. If you wish to discuss any questions, issues, or health-related concerns, please don't hesitate to contact me at any time.

My office hours are Monday-Friday from 08:30-17:00.

My contact information is:

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School Nurse

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